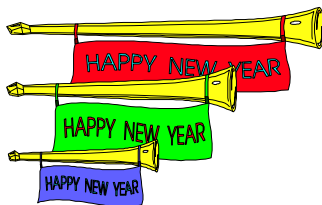


Foley Senior Center

304 E. Rose Ave, Foley, AL 36530 251-943-1877

www.facebook.com/pages/Foley-Senior-Center



Dear Friends,

Welcome 2018! As you make your New Year's resolutions, remember we are here, and offer many activities to help keep you physically, mentally, and socially healthy. Try one of our exercise classes, or join us for an afternoon of games.

The senior center will be **closed** on **Monday, January 1st and again on Monday, January 15th**. On Tuesday, the 9th at 2:00, we will play BINGO. On January 17th, will have Coffee w/ Mike Thompson, City Administrator. Remember this is a wonderful opportunity for you to get to know our city leaders. Later that afternoon at 1:00, we will do our movie at the library. This month we will see **Victoria and Abdul** which is rated PG-13 for some thematic elements and language. Please sign up to reserve your place. On Thursday, the 18th, we will be traveling to Orange Beach to the Brick and Spoon for brunch. We will depart the center at 9:00. Please sign up for this event. We have room to transport the first 19 that sign up, but you are welcome to caravan or meet us there. On the 19th, for Lunch N Learn, we will have Brandon Thompson, with Medstar AirCare I, with us to explain what he does (fly helicopters!) and the services Medstar offers. On the 23rd, we are going to do Lunch and a Movie at the Wharf. Times will be announced as we get closer. And of course, we will have our first Potluck of 2016 on the 26th, at noon. The city will provide fried chicken and we ask that you bring veggies, breads or desserts, or the cost is \$4.00 per person.

We Hope to See You Soon!

Teresa, Mike, Sue and Pam



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MONDAYS - 9:30 Pinochle; 10:00 Exercise with Lorealea \$1.00 for members & \$2.00 for guests; 11:30 Duplicate Bridge; 1:00 Mexican Train Dominoes.

TUESDAYS - 9:30 Crochet; 2:00 Chair yoga with Lorealea \$1.00 for members & \$2.00 for guests; 3:30 Ballroom Dance Lessons w/Sherry Cook \$10.00per class; 2:00 BINGO (2nd Tues); 1:00 Movie Madness (3rd Tues library); Photography Club (4th Tuesday); Potluck 12:00 (Last Tues.)

WEDNESDAY - 8:00 Open Jam; 11:00 Party Bridge; 11:45 Beginner Line Dance; 12:15 Improver Line Dance; 1:15 Int/Adv Line Dance; 2:30 Square Dancing \$5.00 per person.

THURSDAYS - 9:30 Pinochle (bring a brown bag lunch); 10:00 Open Cards & Games (1st & 3rd); 10:00 Senior Travelers (2nd & 4th); 12:45 exercise with Lorealea \$1.00 for members \$2.00 for guests; 2:00 Chair yoga with Lorealea \$1.00 for members & \$2.00 for guests; 7:00pm Antique Tractor Club(1st Thursday).

FRIDAYS- 9:00 Senior T.O.P.S. meeting; Intermediate Tai Chi \$1.00 members and \$2.00 guests; 10:00 Beginner Tai Chi \$1.00 members and \$2.00 guests; 1:00 Hand and Foot.

SATURDAYS - 1st & 3rd Saturday Night Dance- Doors open at 6:00 and dance begins at 7:00. Music provided by various bands. Cost is \$5 for members and \$7 for members. Please bring refreshments of your choice.

January Birthdays - Happy Birthday to you, Happy Birthday to you,
Happy Birthday Dear Friends, Happy Birthday to you!

Alvie Bouchard, Barbara Bowling, John Butterfield, Alice Calloway, Margaret Campbell, Carl Carangelo, Carol Chrisenberry, Loraine Cook, Eva Costa, Frank Dunaway, Jo Anne Fisher, Henry Geisendorff, Pierre Geneux, Sue Gillantien, Betty Grace, Candy Hayden, Patsy Heliin, Evelyn Hess, Helen Hicks, Patricia Hurd, Mary Jo Jones, Nena Kimball, Jean Kimbrough, Trudy Lowery, Geri Lukas, Luanne Matson, Delora McLaughlin, Patricia Millraney, Jim Mitchell, Dan Morris, Judy Morse, Billie Nardell, WL Owen, Genevieve Parker, Ruth Parks, Ray Peterson, Tom Poe, Carol Rausch, Patricia Rick, Bob Roberts, Dot Saunders, Bill Schaefer, Eva Schult, Wayne Schuth, Joan Sierota, Joel Smith, Ruth Snashall, Shadow Spengel, Cyndy Stiner, Sheila Swaffar, Bill Swanson, Adolph Walacavage, George Watkins, Sara Woods.