

# FOLEY SOCCER COVID-19 PROTOCOLS

Foley recreation will not be participating in any post-season or All-stars tournaments for the 2020 soccer season. This season will focus on the development of skill, encourage fun with play, and encourage the love of the game in a safe and supportive environment. The protocols listed in this document are required to be followed during all Foley Recreation Sports at all times.

## **Illness Protocol**

- ***Everyone should stay at home if they are ill or not feeling well or cannot pass the symptoms test below.***
- Parents, players, and coaches must be prepared to answer the following questions:
  - Have you been in close contact with a confirmed case of COVID-19?
  - Are you or someone in your family experiencing a cough, shortness of breath or sore throat?
  - Have you or someone in your family had a fever in the last 48 hours?
  - Have you or someone in your family experienced new loss of taste or smell?
  - Have you or someone in your family experienced vomiting or diarrhea in the last 24 hours?

## **PARENT/SPECTATOR**

***Players and families are only allowed to arrive 15 minutes before practice or game and must leave immediately after game or practice ends.***

### ***MONITORING CHILD(REN)***

- Parents and guardians are required to monitor fevers, reports of illness or exposure, sneezing, coughing, excessive runny noses and notify the coach.

### ***SOCIAL DISTANCING***

- No benches or bleachers will be provided. Parents are encouraged to bring their own chairs.
- No gatherings, congregations, or parties after games and practices in the parking lots or in park.
- Parents/spectators and players must leave once practice and game has ended.
- Only attend practices and games for your own child(ren) only.

### ***PERSONAL PROTECTIVE EQUIPMENT (PPE)/ MASKS***

- ***Everyone*** is required to wear a mask, or other face coverings that cover both the nose and mouth, when entering and exiting the park, visiting the concessions or restrooms, or when in big groups/crowds that contain non-family members. Masks can be removed when sitting and social distancing only. Children 7 & under are not required to wear masks.

### ***PERSONAL SANITIZATION***

- No shared team coolers, drinks or snacks.
- Avoid general physical interaction such as hugging, high-fives, fist pumps, or passing objects by hand.
- All players' clothes and shin guards should be washed and sanitized after each use.

### ***CONCESSIONS***

- Quick serve pre-packaged items.
- All customers must maintain 6 foot distance while waiting to purchase items. Social distancing markers are located in front of concession stands.

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## **PLAYERS**

*Players and families are only allowed to arrive 15 minutes before practice or game and must leave immediately after game or practice ends.*

### ***SOCIAL DISTANCING***

- No benches or bleachers will be provided.
- Social distancing is required at all times when not actively engaged in sport.
- Players should stand six feet apart when not participating in a drill or activity that requires closer contact.
- No gatherings, congregations, or parties after games and practices in the parking lots or in park.

### ***PERSONAL PROTECTIVE EQUIPMENT (PPE)/ MASKS***

- Masks are required at all times except during physical activity such as practice or games.
- Face coverings should cover both the nose and mouth and allow for continued unlabored breathing.
- Children 7 and under are not required to wear masks.

### ***PERSONAL SANITIZATION***

- No shared team coolers, drinks or snacks.
- There will be no unnecessary contact such as handshakes, high fives, fist bumps, or elbow bumps.
- No spitting.
- Avoid touching face
- Players should clean their hands before and after practices and games.
- Each athlete should have his/her own personal water bottle with their name on it. These are never to be shared.

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## **COACHES**

Participants/Volunteers are not allowed to assist teams if they have not been approved through coordinators and have not completed requirements.

### **MONITORING TEAMS**

- Coaches are required to monitor their teams for fevers, reports of illness or exposure, sneezing, coughing, excessive runny noses and address with coordinators.

### **Social Distancing**

- Coaches are required to stand 6 feet from players and others at all times.
- No gatherings, congregations, or parties after games and practices in the parking lots or in park.
- No benches or bleachers will be provided for players or coaches.
- Must wear masks at all times during practices and games.
- Coaches must leave once practice or game has ended.
- Only one coach may attend to an injured player.
- No team huddles. All team discussions must meet 6 feet social distancing.
- Avoid activities that involve high levels of group interaction (i.e. team huddles, single lines).
- All activities/drills should be broken down in to smaller groups to help encourage social distancing and decrease risk of exposure.
- Individual activities/drills requiring single ball use are permissible (such as passing) but a team should not practice/pass a single ball among the team where multiple players touch the same ball. Official games and scrimmages are the only exception to this rule.
- When conditioning or performing warm-ups, activities must maintain 6 foot distance.

### **Equipment Sanitization**

- All equipment such as soccer balls, cones, shin guards and goalie gloves, should be cleaned and sanitized between each individual use and prior to the next event. Soap and clean running water should be used to clean equipment. Clorox Disinfecting Wipes and Lysol can be used to disinfectant equipment.
- When possible, athletes should not share gear and instead use their own personal equipment such as soccer balls and water bottles.
- Due to the increased of respiratory exposure from shared items, pinnies/bibs/practice jerseys will not be provided. Coaches can use cloth wrist or sweat bands to help distinguish teams during practices. These items must be washed after each use and should not be shared.

### **Personal Sanitation**

- Coaches should clean their hands before and after practices and games.
- When at practice or in competition, any unnecessary contact should be avoided such as handshakes, high fives, fist bumps, or elbow bumps.
- No shared team coolers, drinks or snacks.
- Due to increased risk of respiratory exposure for others, coaches are not allowed to use traditional whistles. Coaches may use electronic whistles, whistle apps on phone, or squeezable whistles only.

### **PERSONAL PROTECTIVE EQUIPMENT (PPE)/ MASKS**

- All coaches are required to wear mask at all times.

# FOLEY SOCCER COVID-19 PROTOCOLS

I have read, understand, and agree to comply with the FOLEY SOCCER COVID-19 PROTOCOLS as outlined above.

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Child(ren)'s Name (If applicable)

\_\_\_\_\_  
Date